

Companion (Mass) - Churchfield Area

A volunteer is needed to accompany a young man to mass every Sunday. The volunteer will need to collect the client from home (in the Churchfield area) and walk him to Church of the Ascension, Gurranabraher (approx. 10 mins walk). At the end of mass the volunteer will help support the client to collect mass leaflets as part of his role within the community.

We would like the volunteer to commit to at least 6 months. Time requirement of the volunteer would be approx. 11.10am - 12.30pm most Sunday mornings. Experience working with people with an intellectual disability desired. Role would suit a friendly, outgoing person.

The volunteer will gain experience working with SLT's and OT's as part of an innovation project aimed at promoting community integration for people supported by Cope Foundation. The Volunteer would work closely with a person supported by Cope Foundation and their family in helping to achieve an individualised goal.

A message from Chris:

"My name is Chris. I am a 24 year old wheelchair user from the north side and I have a severe learning difficulty. I love spending time with people and socialising. I am non-verbal but use gestures and some vocalisations to communicate.

I go to mass most Sundays and really like meeting people and saying hello to new and familiar faces. At the end of the service I collect the mass leaflets. I sometimes get a bit distracted so I might need someone's help to make sure I get the job done! I am quite independent in pushing my wheelchair but going uphill can be a challenge. I can sometimes get a bit carried away going downhill so I might need some support to be sure I don't speed away!

If you would like to help me to achieve this goal in my community and have some spare time on Sunday mornings I would very much appreciate your support and company."

If you are interested please contact Milly Farrell on 021-4643294 or e-mail <u>volunteer@cope-foundation.ie</u>