

## **Companion (Social) – Togher**

One of the people we support, Máirín, would like some company for social outings to the shops, cinema and for occasional trips to West Cork and Dublin to visit family & friends.

Máirín likes to listen to music, watching TV, doing puzzles. She is a Michael Jackson & One Direction fan. She lives in the Togher area. Máirín has a mild intellectual disability and she just needs company on her outings and someone to be with her because she has epilepsy.

The volunteer will need to have good listening skills, and have their own transport. We need someone who is friendly & outgoing, with shared/similar interests.

If you can help with this please contact Milly Farrell on 021-4643294 or e-mail <u>volunteer@cope-foundation.ie</u>