

Assistant (Swimming) – Macroom/Cork City

A Volunteer is required to support people with a moderate intellectual disability to attend a swimming session in our swimming pool in Montenotte. The Volunteer can travel with staff and clients from Macroom or if city based can meet the group at the pool in Montenotte. The pool session is from 2 pm to 3 pm on Monday afternoons.

The Volunteer must be able to swim and be comfortable and confident in the water.

The volunteer will gain experience of working with people who have a moderate intellectual disability and the satisfaction of enabling them to complete this activity.

If you can help please contact Milly Farrell, Volunteer Coordinator on 021-4643294 or e-mail <u>volunteer@cope-</u> <u>foundation.ie</u>