

## Assistant (Care) - NASC

Volunteers are needed to help supervise lunch times in our NASC centre, Montenotte. The role will involve assisting the people we support at lunch time, helping to prepare meals, and being involved in various activities including swimming, art, music, and cookery. These people are adults with severe and complex needs and are aged 18 years and over.

A FETAC level 5 in a care area would be an advantage or a background in an educational setting.

Volunteers are required at the following times:

Monday – 12pm to 2pm Tuesday – 12pm to 3.30pm Wednesday – 11.30am to 2pm Thursday – 12pm to 2pm Friday – 12pm to 2pm

The volunteers for this role must be over 18. Manual handling is an essential component of this role and training will be given if necessary. The Volunteer must be physically able to conduct these duties for example, push/pulling of wheelchairs, hoisting and moving the people we support.

A Volunteer is also needed to assist staff with community outings. We would ideally like someone on Mondays or Wednesdays from 10am to 3pm approx.

Some experience of working with people with complex needs is desirable. The volunteer must have completed or be willing to complete Manual Handling training. This is a one day course which Cope Foundation could provide.

This role will provide any student wishing to gain experience with a great opportunity to work with a group of clients with complex needs. Training and support will be provided.

If you are interested please contact Milly Farrell on 021-4643294 or e-mail <u>volunteer@cope-foundation.ie</u>