

## Project Assistant (Men's Shed) – Cork City Centre

We require a volunteer to support a young man in a men's shed in Cork city centre.

This person needs help to choose and carry through practical projects with support from the volunteer e.g. Make a bird table and to build relationships with others. The volunteer will meet the young man at the shed and work with him there on Thursday evenings from 5pm to 8pm.

The volunteer should have an interest and skills in practical projects e.g. woodwork and an interest in teaching skills to a person with a learning disability.

If you can help please contact Milly Farrell on 021-4643294 or e-mail <u>volunteer@cope-foundation.ie</u>