

Tutor (Independent Living Skills) – Togher

A Volunteer is required to share Independent living skills with people who may progress on to living independently. The day centre in Togher has facilities set up for this training i.e. kitchen, dining room and bedroom. The volunteer would use this area to teach independent living skills as if it were an apartment.

The volunteer should have good independent living skills, be patient and understanding and have a good insight into the HSE New directions policy. New Directions was published by the HSE in 2012. This report sets out a new approach to day services that envisages all the supports available in communities will be mobilised so that people with disabilities have the widest choice and options about how to live their lives and how to spend their time.

The hours involved can be anytime between 10am and 3.30pm Monday to Friday.

The volunteer would support one person at a time, this would be a great learning curve for someone who is studying in this area or would like to learn more about people with a mild learning disability.

If you are interested please contact Milly Farrell on 021-4643294 or e-mail volunteer@cope-foundation.ie