

## Assistant (Gardening) - Hollyhill

We need a volunteer with an interest in gardening to help the people we support to tend to the outdoor area in our Hollyhill centre and also assist with an allotment project. The time involved is 2.30pm to 4pm on Thursday afternoon.

The volunteer should enjoy gardening, physical work, sewing seeds, planting and harvesting and have a patient, friendly manner towards people with an intellectual disability.

The volunteer will gain experience of people with an intellectual disability whilst carrying out an activity they enjoy.

If you can help please contact Milly Farrell, Volunteer Coordinator, on 021-4643294 or e-mail <u>volunteer@cope-foundation.ie</u>