

Assistant (Gardening) - Ballincollig

We require a volunteer to assist in a community garden project. This is an allotment style garden which is based in Ballincollig. The volunteer can travel with the team from the centre in Glasheen if they wish. This project is on Tuesday and Thursday from 9.30 to 3.30pm. Volunteers are required for one or both days.

The Volunteer does not need gardening knowledge. They will learn as they work on the project. Good communication skills and patience are very important.

The Volunteer will gain experience of working with people with an intellectual disability in a community project and in working as part of a team.

If you can help please contact Milly Farrell, Volunteer Coordinator, on 021-4643294 or e-mail <u>volunteer@cope-foundation.ie</u>