

Support Worker - Hollyhill (Ref: MB)

A Volunteer is required to support a man with social activities during the evenings and weekends to expand upon his 1-1 opportunities (i.e. pool/snooker, darts, watching sporting matches in local pubs, engaging with him within his home (i.e. playing x-box with him); taking walks on the grounds of Ard Na Gaoithe Centre in Hollyhill and within the local community, encouraging his positive outlook in life, motivating his independent engagement in daily living skills, health and well-being and personal hygiene.

We would like this volunteer to commit to a minimum of 6 hours per week, any afternoon or evening. This man is being supported in a residence in Hollyhill at the moment but will transition into community based activities and into new independent living situation once he is ready. The Volunteers support is vital throughout this period.

Ideally the volunteer should have similar sporting interests (i.e. soccer, rugby, pool; darts, GAA, etc.), someone who is flexible in nature and has a positive outlook in the remit of health and well-being. Similarly, it is essential the person is mature and can shape/ positively encourage/ motivate socially appropriate verbal interaction and social engagement.

The volunteer will get strong experience working with someone of a high functioning nature; where positive support will help this man flourish. The volunteer may learn about a contemporary vision of support and become part of the man's PCP and eventual transition plan into a community based setting. The volunteer may learn about other multi-remits of support and help to implement inputs. The volunteer may also

avail of training opportunities within cope foundation that may enhance their knowledge of the sector.

If you are interested please contact Milly Farrell, Volunteer Coordinator, 021-4643294 or e-mail volunteer@cope-foundation.ie