

## **Support Role - Training Centres**

Volunteers are required to help enhance a young man's overall wellbeing and quality of life.

This young man participates in the Training Centre programme from Monday to Friday and follows a set timetable. He participates in classes with his peers and his subjects include, Literacy, Numeracy, Computers, Horticulture & Science, Independent Living, Community Skills, Art, Physical Education and Personal Development.

This intelligent young man is hard working and is a pleasure to work with. He is keen to do well with his QQI Major Award Plan. He would benefit from one to one support. The volunteers will provide support with writing in class, with being more actively involved within the community & social activities and physical/mobility activities.

Some experience of a caring or support role is desirable. Training will be supplied as required.

The days required are Tues and/or Weds for four hours per week from 9.30am – 1.30pm. We ask that volunteers commit to this role for a period of six months. Volunteers will be based in the Montenotte or Blackrock area.

Volunteers will gain experience of supporting educational programmes for adults with intellectual disabilities. This a very rewarding role as you will see the results of your work in his QQI results and in the improvement in his quality of life.

## If you can help please contact Milly Farrell, Volunteer Coordinator:

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