

Assistant (Tennis) – Cork City

Volunteers are required to play Tennis with beginner players and offer basic instruction. "Knock up" and support partner to achieve success at rallying during practice. Tennis sessions will run once per week for seven weeks, on Thursdays between 1pm and 2pm at Sports Village, Bishopstown, (Indoor) or Sundays Well Tennis Club (outdoor) when weather permits. We would like the volunteer to commit to 2 blocks of seven week sessions.

The volunteer should have previous experience of playing tennis and ability to feed beginner players. The volunteer must be enthusiastic and good humoured. Qualification is not necessary

The volunteer will gain experience of working with people who have an intellectual disability and satisfaction from helping them to learn tennis.

If you can help please contact Milly Farrell on 021-4643294 or e-mail volunteer@cope-foundation.ie